

I. CORE CURRICULUM ..... 44

- PHY 1103\_\_\_\_(4) (ND)                      ANT 1215\_\_\_\_(3) (MC)  
 PHY 1104\_\_\_\_(4) (ND)                      PSY 1200\_\_\_\_(3)  
 MAT 1025\_\_\_\_(4) (ND) or above        P E 1013\_\_\_\_(1) & PE 1014\_\_\_\_(1)

II. MAJOR REQUIREMENTS ..... 64

*An overall 2.0 GPA is required in the major/18 sh must be completed at Appalachian Athletic Training Core (41 sh)*

- \* A T 1600\_\_\_\_(2) Introduction to Athletic Training
- \* A T 2100\_\_\_\_(2) Athletic Training Clinical Seminar
- A T 2200\_\_\_\_(1) Athletic Training Clinical Laboratory I
- \* A T 2300\_\_\_\_(4) Manual Evaluation Techniques of Joint Movement
- \* A T 2400\_\_\_\_(4) Medical Conditions and Disabilities
- A T 3000\_\_\_\_(1) Athletic Training Clinical Laboratory II
- \* A T 3215\_\_\_\_(2) (C) Athletic Training Clinical Org & Admin
- A T 3400\_\_\_\_(1) Athletic Training Clinical Laboratory III
- \* A T 3600\_\_\_\_(2) Athletic Injury Assessment I
- \* A T 3610\_\_\_\_(2) (W) Treatment of Athletic Injuries
- \* A T 3615\_\_\_\_(2) Athletic Injury Assessment II
- \* A T 3620\_\_\_\_(2) Rehabilitation of Athletic Injuries I
- \* A T 3625\_\_\_\_(2) Rehabilitation of Athletic Injuries II
- A T 4000\_\_\_\_(1) Athletic Training Clinical Laboratory IV
- \* A T 4025\_\_\_\_(3) (W) Advanced Athletic Training
- \* A T 4030\_\_\_\_(2) Senior Seminar in Athletic Training
- E S 2000\_\_\_\_(5) Human Anatomy & Physiology
- E S 2010\_\_\_\_(3) (W) Exercise Physiology

\* "C" (2.0) minimum required

Allied Core (23 sh)

- BIO 1101\_\_\_\_(4) (ND) Introduction to Life Science
- CHE 1101\_\_\_\_(3) (ND) Introductory Chemistry I
- CHE 1110\_\_\_\_(1) Introductory Chemistry Lab I
- CHE 1102\_\_\_\_(3) (ND) Introductory Chemistry II
- CHE 1120\_\_\_\_(1) Introductory Chemistry Lab II
- \* COM 2101\_\_\_\_(3) (S) Public Speaking
- H P 1105\_\_\_\_(2) Health & Fitness
- HP/HED 3100\_\_\_\_(3) Emergency Care & CPR
- STT 2810\_\_\_\_(3) (C/ND) Intro to Statistics

\* "C" minimum

Proficiencies Required:

- Speech Proficiency \_\_\_\_\_
- CPR Proficiency \_\_\_\_\_
- 2 Lifetime Sports \_\_\_\_\_
- 800 hours in athletic training room \_\_\_\_\_

<b>Major Designators</b>	
2 Writing (W)	— —
1 Speaking (S)	—
*Com Proficiency	—
*A "C" minimum in COM 2101 satisfies Communication Proficiency.	
<b>Other Designators</b>	
4 Writing (W)	— — — —
(English 1000/1100 will count as 2 W)	
4 Multi-cul (MC)	— — — —
(His 1101/1102 will count as 2 MC)	
2 Num Data (ND)	— —
2 Computer (C)	— —
1 Cross-dis (CD)	—

III. MINOR REQUIRED (to be approved by advisor)..... 12 - 18

*9 sh must be completed at Appalachian  
 Each minor differs in number of hours & requirements - see catalog*

IV. FREE ELECTIVES..... 2

*2 sh of free electives outside the major discipline are required*

122-128

The athletic training curriculum requires the student to apply for admission to the curriculum & maintain a 2.50 overall GPA during the clinical practicum. Write the Director, Athletic Training Curriculum, for an application and information.

NAME \_\_\_\_\_ MAJOR   Athletic Training  

_____ Passed _____ Completed MAT 0010
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**ENGLISH (6 s.h.)**

\_\_\_\_\_ English 1000 (W)  
\_\_\_\_\_ English 1100 (W) or \_\_\_\_\_ 1510 (W)

**NATURAL SCIENCES (8 s.h. of a sequence)**

\_\_\_\_\_ Astronomy 1001 (ND) \_\_\_\_\_ 1002 (ND)  
\_\_\_\_\_ Biology 1101(ND) \_\_\_\_\_ 1102(ND)  
\_\_\_\_\_ Chemistry 1101 (ND), \_\_\_\_\_ 1110 \_\_\_\_\_ 1102 (ND), \_\_\_\_\_ 1120  
\_\_\_\_\_ Geology 1101 (ND) \_\_\_\_\_ 1102 (ND, CD) or  
\_\_\_\_\_ Geology 1101 (ND) \_\_\_\_\_ 1103 (ND) or  
\_\_\_\_\_ Geology 1510 (W, ND) \_\_\_\_\_ 1511 (W, ND)  
\_\_\_\_\_ Physics 1101 (ND) \_\_\_\_\_ 1102 (ND) or  
\* \_\_\_\_\_ Physics 1103 (ND) \* \_\_\_\_\_ 1104 (ND) or  
\_\_\_\_\_ Physics 1150 (ND) \_\_\_\_\_ 1151 (ND)

\*Physics sequence required for major

**MATHEMATICS (4 s.h.)**

\_\_\_\_\_ Math 1010 (ND, C, CD) \_\_\_\_\_ Math 1030 (ND, C)  
\_\_\_\_\_ Math 1020 (ND) \_\_\_\_\_ Math 1110 (ND)  
\* \_\_\_\_\_ Math 1025 (ND) \_\_\_\_\_ Math 1120 (ND)

\*Math 1025 or higher required for major

**PHYSICAL ACTIVITY/WELLNESS (2 s.h.)**

\_\_\_\_\_ DAN 1400 (2) \_\_\_\_\_ 1410 (2) \_\_\_\_\_ 1420 (2) \_\_\_\_\_ 2400 (2)  
\_\_\_\_\_ DAN 2410 (2) \_\_\_\_\_ 2420 (2) \_\_\_\_\_ 3480 (2) \_\_\_\_\_ 3580 (2)  
\_\_\_\_\_ FCS 2202 (3)  
\_\_\_\_\_ HP 1105 (2)  
\_\_\_\_\_ MSL 1101(1) \_\_\_\_\_ 1102 (1)  
\_\_\_\_\_ MUS 1100(1) (May count twice)  
\_\_\_\_\_ PE Activities 1000-1049 (1), \_\_\_\_\_ 1057 (1), \_\_\_\_\_ 1071-1080(1)  
PE majors only: PE 3008(3)

\*PE 1013 & PE 1014 Required for Major

General Science Sequence:

\_\_\_\_\_ G.S. Physics 1010 (ND) or \_\_\_\_\_ G.S. Astronomy 1010 (ND) and \_\_\_\_\_ G.S. Chemistry 1020 (ND) followed by:  
\_\_\_\_\_ G.S. Geology 1030 (ND) and \_\_\_\_\_ G.S. Biology 1040 (ND)

**SOCIAL SCIENCES (History - 6 s.h.)**

\_\_\_\_\_ History 1101 (MC) & \_\_\_\_\_ History 1102 (MC) or \_\_\_\_\_ History 1510 (W, MC) & \_\_\_\_\_ History 1515 (W, MC) or \_\_\_\_\_ HIS 1103\*\*(MC)

\*\*If received an "A" in High School World Civ/World His class may take HIS 1103 instead of 1101 & 1102. If taking 1103 must take 3 courses from other

Social Sciences in at least 2 different areas.

**OTHER SOCIAL SCIENCES (6 s.h.)**

Choose TWO courses from different areas, THREE if HIS 1103 chosen above. (\*Approved on a semester by semester basis)

\***ANT 1215** \_\_\_\_\_ Anthropology 1215 (MC), 1220, 2335 (MC), 2420 (MC)  
\_\_\_\_\_ Appalachian Studies 2411 (W, MC, CD)  
\_\_\_\_\_ Economics 1010, 2030  
\_\_\_\_\_ Family and Consumer Sciences 2103 (C) (FCS 2103 or SOC 1110 to fulfill requirements, but not both)  
\_\_\_\_\_ Geography 1010 or 1510, 1020 (MC) or 1515(MC), 1040 (MC); Planning 2410 (CD) or 2510  
\_\_\_\_\_ Honors 1515\* (CD, W\*, S\*, MC\*, ND\*, C\*), 2515\* (CD, W\*, S\*, MC\*, ND\*, C\*), 3515\* (CD, W\*, S\*, MC\*, ND\*, C\*)  
\_\_\_\_\_ Interdisciplinary Studies 1101\*, 1103\*; 1102\*, 1104\*; 2201\*-2206\* (W\*, S\*, MC\*, CD\*)  
Note: Priority enrollment given to Watauga Residential College students  
\_\_\_\_\_ Interdisciplinary Studies 2411 (W, MC, CD), 2421 (MC, CD)  
\_\_\_\_\_ Political Science 1000 (MC), 1100, 1200, 1201 (S), 2120 (MC), 2130, 2240 (MC)

\***PSY 1200**

\_\_\_\_\_ Psychology 1200  
\_\_\_\_\_ Recreation Management 2400 (CD)  
\_\_\_\_\_ Social Work 2020  
\_\_\_\_\_ Sociology 1000, 1100, 1110, 2700, 2850 (W) (May take FCS 2103 or SOC 1110, but not both)  
\_\_\_\_\_ Technology 2029 (W, MC, CD)

\*Required for Major

**HUMANITIES (12 s.h.)**

Choose FOUR courses from at least three areas. One course must be a LITERATURE course and one course must be from the fine arts (ART, DANCE, MUSIC or THEATRE). Courses underlined are approved for literature. (\*Approved on a semester by semester basis)

\_\_\_\_\_ Appalachian Studies 2016 (counts as a HUM FA), 2410 (W, MC, CD)  
\_\_\_\_\_ Art 2011, 2013 (W, MC, CD), 2030 (MC), 2130 (W, MC)  
\_\_\_\_\_ Chinese 1040 (MC), 1050 (MC)  
\_\_\_\_\_ Dance 2014 (MC), 3430 (W, MC)  
\_\_\_\_\_ English 2010 (W), 2020 (W), 2030 (W, MC), 2040 (W, MC), 2100 (W), 2120 (W, MC), 2130 (W, MC), 2310 (W), 2320 (W), 2510 (W), 2515 (W)  
\_\_\_\_\_ English 2170 (counts as a separate area; does not fulfill literature)  
\_\_\_\_\_ Foreign Language 2010 (MC), 2025 (MC), 2510 (MC)  
+ \_\_\_\_\_ French 1040 (MC), 1050 (MC), 1060 (MC), 3030 (W,MC), 3040 (W,MC)  
+ \_\_\_\_\_ German 1040 (MC), 1050 (MC), 1060 (MC), 3015 (W, MC), 3025 (W, MC), 3050 (MC), 3055 (W, MC), 3550 (W, MC)  
\_\_\_\_\_ Honors 1515 \* (CD, W\*, S\*, MC\*, ND\*, C\*), 2515\* (CD, W\*, S\*, MC\*, ND\*, C\*), 3515\* (CD, W\*, S\*, MC\*, ND\*, C\*)  
\_\_\_\_\_ Interdisciplinary Studies 1101\*, 1103\*; 1102\*, 1104\*; 2201\*-2206\* (W\*, S\*, MC\*, CD\*)  
Note: Priority enrollment given to Watauga Residential College students  
\_\_\_\_\_ Interdisciplinary Studies 2410 (W, MC, CD), 2420 (MC, CD)  
+ \_\_\_\_\_ Japanese 1040 (MC), 1050 (MC)  
\_\_\_\_\_ Latin 1040 (MC), 1050 (MC), 3010 (MC), 3020 (MC)  
\_\_\_\_\_ Music 2011 (MC), 2013 (W, MC, CD), 2014, 2015, 2016, 2017, 2018 (MC), 2020  
Music majors only: 1611 (W, MC), 2611 (MC, CD), 2612 (W, MC, CD), 3611 (W, MC, CD)  
\_\_\_\_\_ Philosophy 1000, 1040 (W), 1100, 2000, 2013 (W, MC, CD counts as a HUM FA), 2015 (W, MC, CD), 3013 (W, CD), 3600 (W)  
\_\_\_\_\_ Religious Studies 1010 (MC), 1110 (MC), 2010 (W, MC), 2020 (W, MC), 2030 (MC), 2040 (MC), 2110 (W, MC), 2120 (W, MC), 2130 (MC), 2140 (W, MC), 2150 (W, MC)  
\_\_\_\_\_ Russian 1040 (MC), 1050 (MC)  
+ \_\_\_\_\_ Spanish 1040 (MC), 1050 (MC), 1060 (MC), 3015 (W, MC), 3025 (W, MC), 3050 (W, MC), 3055 (W, MC)  
\_\_\_\_\_ Theatre 2011, 2015 (MC,CD), 2610 (W, S), 3640 (S), 3730 (W, MC,CD), 3733 (W,MC,CD), 3735 (W, MC, CD)

+Foreign Language Placement Exam Required before Enrollment

