

Bachelor of Science (BS)
 Non-Teaching
 Degree Code 520*
 Concentration Code 520 C

Family & Consumer Sciences
 Foods & Nutrition
 Foods & Nutrition, (General) Concentration

I. **CORE CURRICULUM**..... 45
 CHE 1101____(3) (ND) & CHE 1110____(1) and CHE 1102____(3) (ND) & CHE 1120____(1)
 FCS 2103____(3) (C) & PSY 1200____(3)
 FCS 2202____(3)

II. **MAJOR REQUIREMENTS**..... 82
A minimum grade of "C-" (1.7) is required in each F&CS course, however, an overall 2.0 must be obtained to graduate/18 sh must be completed at Appalachian

(FCS 2103 & 2202 counted in core curr) -6
76

Family & Consumer Sciences Courses (53 sh)

- FCS 1202____(3) Basic Food Science
- FCS 1400____(1) Professional Orientation
- *FCS 2103____(3) (C) Family Development Over the Life Cycle
- *FCS 2202____(3) Nutrition and Health
- FCS 2203____(3) Organization and Management in Food Service
- FCS 2204____(3) (MC) Quantity Food Production
- FCS 3202____(3) (W) Foodsystems Procurement
- FCS 3205____(3) Nutrition and the Life Cycle
- FCS 4200____(3) (W) Advanced Nutrition I
- FCS 4206____(3) Advanced Nutrition II
- FCS 4240____(3) Medical Nutrition Therapy I
- FCS 4250____(3) Medical Nutrition Therapy II
- FCS 4400____(1) Professional Seminar
- FCS 4450____(2) (W) Contemporary Issues in FCS
- FCS 4504____(3) (S) Foodsystems/Dietetics Administration
- FCS 4552____(1) Medical Terminology/Records
- FCS 4560____(3) (S/C) Community Nutrition
- FCS 4701____(3) (S) Educational Methods for Family and Consumer Sciences
- FCS 4900____(10) Internship

Major Designators	
2 Writing (W)	___ ___
1 Speaking (S)	___
*Com Prof	___
*Met by successful completion of W&S major designators and internship	
Other Designators	
4 Writing (W)	___ ___ ___ ___
(English 1000/1100 will count as 2 W)	
4 Multi-cul (MC)	___ ___ ___ ___
(His 1101/1102 will count as 2 MC)	
2 Num Data (ND)	___ ___
2 Computer (C)	___ ___
1 Cross-dis (CD)	___

*Already counted in core curriculum

Other Related Areas (25 sh)

- ACC 2100____(3) (ND)
- BIO 1110____(4)
- BIO 3308____(4)
- CHE 2101____(3) and CHE 2203____(1) OR CHE 2201____(3) and CHE 2203____(1)
- ES 2000____(5)
- HP 3200____(3) (C)
- HP 4100____(2)

III. **MINOR NOT REQUIRED**

IV. **FREE ELECTIVES (To total a minimum of 122 sh)** 2
2 sh of free electives outside the major discipline are required **123**

NAME _____ MAJOR _____

_____ Passed _____ Completed MAT 0010

ENGLISH (6 s.h.)

_____ English 1000 (W)
_____ English 1100 (W) or _____ 1510 (W)

MATHEMATICS (4 s.h.)

_____ Math 1010 (ND, C, CD) _____ Math 1030 (ND, C)
_____ Math 1020 (ND) _____ Math 1110 (ND)
_____ Math 1025 (ND) _____ Math 1120 (ND)

NATURAL SCIENCES (8 s.h. of a sequence)

_____ Astronomy 1001 (ND) _____ 1002 (ND)
_____ Biology 1101(ND) _____ 1102(ND)
* _____ Chemistry 1101 (ND),* _____ 1110 * _____ 1102 (ND),* _____ 1120
_____ Geology 1101 (ND) _____ 1102 (ND, CD) or
_____ Geology 1101 (ND) _____ 1103 (ND) or
_____ Geology 1510 (W, ND) _____ 1511 (W, ND)
_____ Physics 1101 (ND) _____ 1102 (ND) or
_____ Physics 1103 (ND) _____ 1104 (ND) or
_____ Physics 1150 (ND) _____ 1151 (ND)

PHYSICAL ACTIVITY/WELLNESS (2 s.h.)

_____ DAN 1400 (2) _____ 1410 (2) _____ 1420 (2) _____ 2400 (2)
_____ DAN 2410 (2) _____ 2420 (2) _____ 3480 (2) _____ 3580 (2)
* _____ FCS 2202 (3)
_____ HP 1105 (2)
_____ MSL 1101(1) _____ 1102 (1)
_____ MUS 1100(1) (May count twice)
_____ PE Activities 1000-1049 (1), _____ 1057 (1), _____ 1071-1080(1)
PE majors only: PE 3008(3)

***Required for major**

***Chemistry Sequence required for major**

For Music Therapy Majors Only: Completion of BIO 1101 (ND) (4 sh) and ES 2000 (5 sh) will fulfill the core curriculum science requirement.

General Science Sequence:

_____ G.S. Physics 1010 (ND) or _____ G.S. Astronomy 1010 (ND) and _____ G.S. Chemistry 1020 (ND) followed by:
_____ G.S. Geology 1030 (ND) and _____ G.S. Biology 1040 (ND)

SOCIAL SCIENCES (History - 6 s.h.)

_____ History 1101 (MC) & _____ History 1102 (MC) or _____ History 1510 (W, MC) & _____ History 1515 (W, MC) or _____ HIS 1103**(MC)

****If received an "A" in High School World Civ/World His class may take HIS 1103 instead of 1101 & 1102. If taking 1103 must take 3 courses from other Social Sciences in at least 2 different areas.**

OTHER SOCIAL SCIENCES (6 s.h.)

Choose TWO courses from different areas, THREE if HIS 1103 chosen above. (*Approved on a semester by semester basis)

_____ Anthropology 1215 (MC), 1220, 2335 (MC), 2420 (MC)
_____ Appalachian Studies 2411 (W, MC, CD), 2515 (W, MC, CD)
_____ Economics 1010, 2030
*FCS 2103 _____ Family and Consumer Sciences 2103 (C) (FCS 2103 or SOC 1110 to fulfill requirements, but not both)
_____ Geography 1010 or 1510, 1020 (MC) or 1515(MC), 1040 (MC); Planning 2410 (CD) or 2510
_____ Honors 1515* (CD, W*, S*, MC*, ND*, C*), 2515* (CD, W*, S*, MC*, ND*, C*), 3515* (CD, W*, S*, MC*, ND*, C*)
_____ Interdisciplinary Studies 1101*, 1103*; 1102*, 1104*; 2201*-2206* (W*, S*, MC*, CD*),
Note: Priority enrollment given to Watauga Residential College students
_____ Interdisciplinary Studies 2210 (W, MC, CD)
_____ Political Science 1000 (MC), 1100, 1200, 1201 (S), 2120 (MC), 2130, 2240 (MC)
*PSY 1200 _____ Psychology 1200
_____ Recreation Management 2400 (CD)
_____ Social Work 2020
_____ Sociology 1000, 1100, 1110, 2700, 2850 (W) (May take FCS 2103 or SOC 1110, but not both)
_____ Technology 2029 (W, MC, CD), 3601 (CD)
_____ Women's Studies 2421 (W, MC, CD)

***Required for major**

HUMANITIES (12 s.h.)

Choose FOUR courses from at least three areas. One course must be a LITERATURE course and one course must be from the fine arts (ART, DANCE, MUSIC or THEATRE). Courses underlined are approved for literature. (*Approved on a semester by semester basis)

_____ Appalachian Studies 2016 (counts as a HUM FA), 2410 (W, MC, CD) 2510 (W, MC, CD)
_____ Art 2011, 2013 (W, MC, CD), 2030 (MC), 2130 (W, MC)
_____ Chinese 1040 (MC), 1050 (MC)
_____ Dance 2014 (MC), 3430 (W, MC)
_____ English 2010 (W), 2020 (W), 2030 (W, MC), 2040 (W, MC), 2100 (W), 2120 (W, MC), 2130 (W, MC), 2310 (W), 2320 (W), 2510 (W), 2515 (W)
_____ English 2170 (counts as a separate area; does not fulfill literature)
_____ Foreign Language 2010 (MC), 2025 (MC), 2510 (MC)
+ _____ French 1040 (MC), 1050 (MC), 1060 (MC), 3030 (W,MC), 3040 (W,MC)
+ _____ German 1040 (MC), 1050 (MC), 1060 (MC), 3015 (W, MC), 3025 (W, MC), 3050 (MC), 3055 (W, MC), 3550 (W, MC)
_____ Honors 1515 * (CD, W*, S*, MC*, ND*, C*), 2515* (CD, W*, S*, MC*, ND*, C*), 3515* (CD, W*, S*, MC*, ND*, C*)
_____ Interdisciplinary Studies 1101*, 1103*; 1102*, 1104*; 2201*-2206* (W*, S*, MC*, CD*),
Note: Priority enrollment given to Watauga Residential College students
_____ Interdisciplinary Studies 2210 (W, MC, CD)
_____ Japanese 1040 (MC), 1050 (MC)
+ _____ Latin 1040 (MC), 1050 (MC), 3010 (MC), 3020 (MC)
_____ Music 2011 (MC), 2013 (W, MC, CD), 2014, 2015, 2016, 2017, 2018 (MC), 2019, 2020
Music majors only: 1611 (W, MC), 2611 (MC, CD), 2612 (W, MC, CD), 2613, 3611 (W, MC, CD)
_____ Philosophy 1000, 1040 (W), 1100, 2000, 2013 (W, MC, CD counts as a HUM FA), 2015 (W, MC, CD), 3013 (W, CD), 3600 (W)
_____ Religious Studies 1010 (MC), 1110 (MC), 2010 (W, MC), 2020 (W, MC), 2030 (MC), 2040 (MC), 2110 (W, MC), 2120 (W, MC), 2130 (MC), 2140 (W, MC), 2150 (W, MC)
_____ Russian 1040 (MC), 1050 (MC)
+ _____ Spanish 1040 (MC), 1050 (MC), 1060 (MC), 3015 (W, MC), 3025 (W, MC), 3050 (W, MC), 3055 (W, MC)
_____ Theatre 2011, 2015 (MC,CD), 2610 (W, S), 3640 (S), 3730 (W, MC,CD), 3733 (W,MC,CD), 3735 (W, MC, CD)
_____ Women's Studies 2420 (W, MC, CD)

+Foreign Language Placement Exam Required before Enrollment